

Weekly Events in the Park



Pilates classes (Mon & Wed pm, Thurs am) - **Lily**
07879 812232



Boogie Bounce classes (Thurs pm) - **Kirsty**
07984 678015



Boot Camps (Wed pm) - **Alex**
07969 805365



Buggy Fit – parent & baby - **Amanda**
07487 774380



Em Yoga (Fri am) - **Emily**
07791 394051



Pre + Post Birthing with a Doula
(every 1st Tues) - **Kate**
07932 562199